

WEEK 1 : 05/05-12/05 - GENEVA -> VALENCE

- Meeting point : Our hotel in Geneva, Sunday 05/05 from 3pm
- Dispersion point : Our hotel in Valence, Sunday 12/05 until 12am

RACE A : LA LOZÉRIENNE CYCLO, Sunday 05/05, La Canourgue (Dept. 48)

<http://www.challengecyclotour.com/la-lozerienne-cyclo/>

2 options :

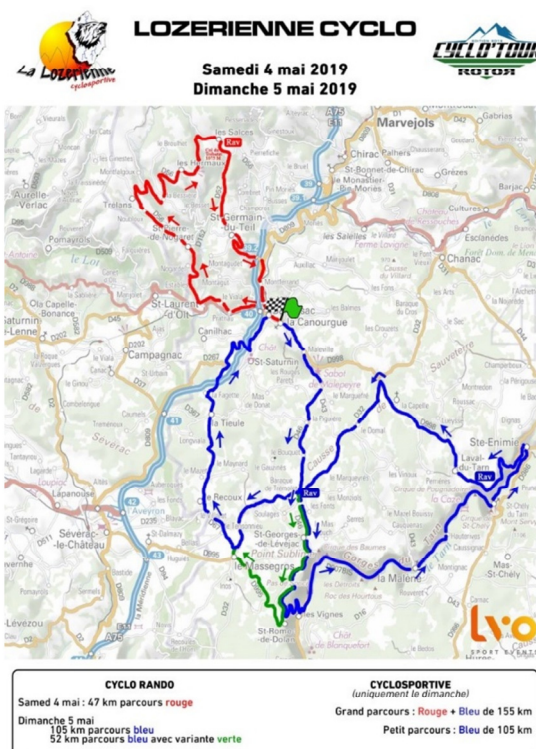
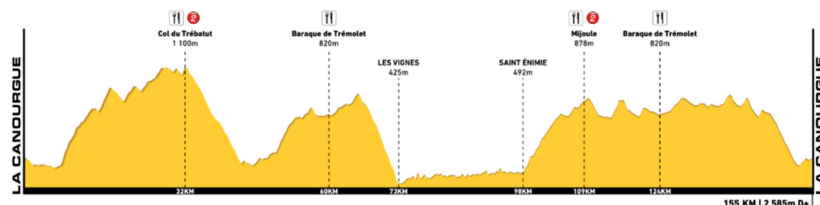
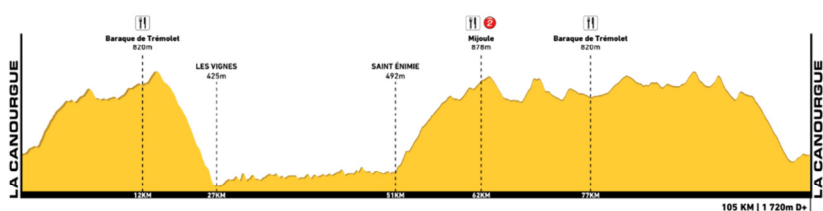
- Aubrac Event : Starts 9am, 155kms, altimetry +2585m, 876 participants in 2018
- Causses et Gorges du Tarn : Starts 9:30am, 105kms, altimetry +1720m, 1042 participants in 2018

Difficulty Index : 13,14

Before the race : Transfer by car/van from Clermont-Ferrand Auvergne Airport (2h) or from meeting point in Lyon (3h40), on Saturday 04/05

Dinner and night in hotel near the race

After the race : Transfer to our hotel in Geneva (4h50) on Sunday 05/05



RACE B : LA BERNARD THÉVENET, Sunday 12/05, Vitry-en-Charollais (Dpt 71)

<https://www.genialp.com/inscription/La-Bernard-Thevenet-2019>

2 options :

- La Bernard Thévenet : Starts 9am, 159kms, altimetry +2499m
- La Petite Bernard Thévenet : Starts 9:15am, 104kms, altimetry +1293m

Difficulty Index : 9,86

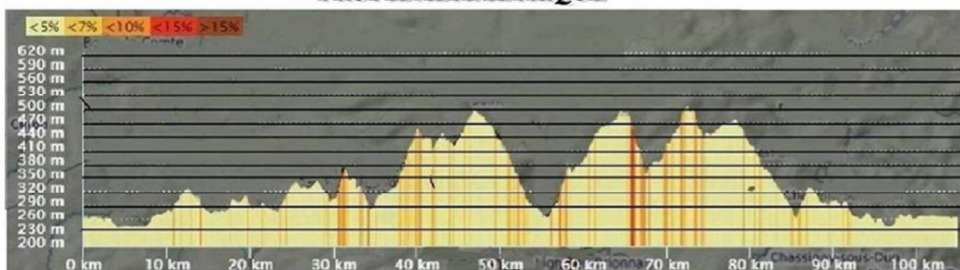
Before the race : Transfer by car/van from our hotel in Valence (2h35), on Saturday 11/05 (after arrival of our ViaRhôna Day 6 stage)

Dinner and night in hotel near the race

After the race : Transfer to Lyon (1h45) or to our hotel in Valence (2h35) on Sunday 12/05

Vitry / Paray / Hautefond / Lugny les Charolles / Charolles / Changy / Saint Julien de Civry / Oyé / Saint Christophe en Brionnais / Sainte Foy / Semur en Brionnais / Marcigny / Saint Julien de Jonzy / Ligny en Brionnais / Saint Christophe en Brionnais / Varrenne l'Arconce / Poisson / Paray / Vitry

PROFIL ALTIMETRIQUE



104 km	DISTANCE PARCOURUE
1293 m	DISTANCE CUMULEE POSITIF
1293 m	DISTANCE CUMULEE NEGATIF
241 m	ALTITUDE MINIMUM
503 m	ALTITUDE MAXIMUM

104 KM Départ 9h15

POINT DE RAVITAILLEMENT : ST JULIEN DE JONCY 65 KM

LA BERNARD THEVENET

Vitry / Paray / Hautefond / Lugny les Charolles / Saint Julien de Civry / Oyé / Saint Christophe en Brionnais / Sainte Foy / Semur en Brionnais / Marcigny / Saint Julien de Jonzy / Ligny en Brionnais / Saint Maurice les chateauxneuf / Chateauxneuf / Chaulgnes / Anglure sous Dun / Saint Raicho / Mussy sous Dun / Chassigny sous Dun / La Chapelle sous Dun / La Clayette / Bois sainte Marie / Beauverny / Vendennes les charolles / Charolles / Lugny les charolles / Paray le Monial / Vitry

PROFIL ALTIMETRIQUE



158 Km	DISTANCE PARCOURUE
2499 m	DISTANCE CUMULEE POSITIF
2499 m	DISTANCE CUMULEE NEGATIF
240 m	ALTITUDE MINIMUM
690 m	ALTITUDE MAXIMUM

159 Km Départ 9h00

1er POINT DE RAVITAILLEMENT: ST JULIEN DE JONCY 65 Km

2eme POINT DE RAVITAILLEMENT: LA CLAYETTE 103 Km

WEEK 2 : 12/05-19/05 - VALENCE -> SÈTE

- Meeting point : Our hotel in Valence, Sunday 12/05 from 3pm
- Dispersion point : Our hotel in Sète, Sunday 19/05 until 12am

RACE B : LA BERNARD THÉVENET, Sunday 12/05, Vitry-en-Charollais (Dpt 71)

<https://www.genialp.com/inscription/La-Bernard-Thevenet-2019>

2 options :

- La Bernard Thévenet : Starts 9am, 159kms, altimetry +2499m
- La Petite Bernard Thévenet : Starts 9:15am, 104kms, altimetry +1293m

Difficulty Index : 9,86

Before the race : Transfer by car/van from meeting point in Lyon (1h45) or from our hotel in Valence (2h35), on Saturday 11/05 (after arrival of our ViaRhôna Day 6 stage)

Dinner and night in hotel near the race

After the race : Transfer to our hotel in Valence (2h35) on Sunday 12/05

See Races details above (WEEK 1).

RACE C : LES BOUCLES DU VERDON, Sunday 19/05, Gréoux-les-Bains (Dpt 04)

<https://www.lesboclesduverdon.fr>

2 options :

- Petit Parcours : Starts 8:45am, 96kms, altimetry +1350m, 375 participants in 2018
- Grand Parcours : Starts 8:30am, 150kms, altimetry +2150m, 270 participants in 2018

Difficulty Index : 11,24

Before the race : Transfer by car/van from our hotel in Sète (2h50) on Saturday 18/05 (after arrival of our ViaRhôna Day 13 stage)

Dinner and night in hotel near the race

After the race : Transfer to Marseille Provence Airport (1h) or to our hotel in Sète (2h50) on Sunday 19/05

WEEK 3 : 19/05-26/05 - SÈTE -> VALENCE

- Meeting point : Our hotel in Sète, Sunday 19/05 from 3pm
- Dispersion point : Our hotel in Valence, Sunday 26/05 until 12am

RACE C : LES BOUCLES DU VERDON, Sunday 19/05, Gréoux-les-Bains (Dpt 04)

<https://www.lesbouclesduverdon.fr>

2 options :

- Petit Parcours : Starts 8:45am, 96kms, altimetry +1350m, 375 participants in 2018
- Grand Parcours : Starts 8:30am, 150kms, altimetry +2150m, 270 participants in 2018

Difficulty Index : 11,24

Before the race : Transfer by car/van from Marseille Provence Airport (1h) or from our hotel in Sète (2h50) on Saturday 18/05 (after arrival of our ViaRhôna Day 13 stage)

Dinner and night in hotel near the race

After the race : Transfer to our hotel in Sète (2h50) on Sunday 19/05

See Races details above (WEEK 2).

RACE D : 1st GRANFONDO LUBERON MORMOIRON (Special Centenary Fausto Coppi), Saturday 25/05, Mormoiron (Dpt. 84)

<https://granfondoluberon.com/>

2 options :

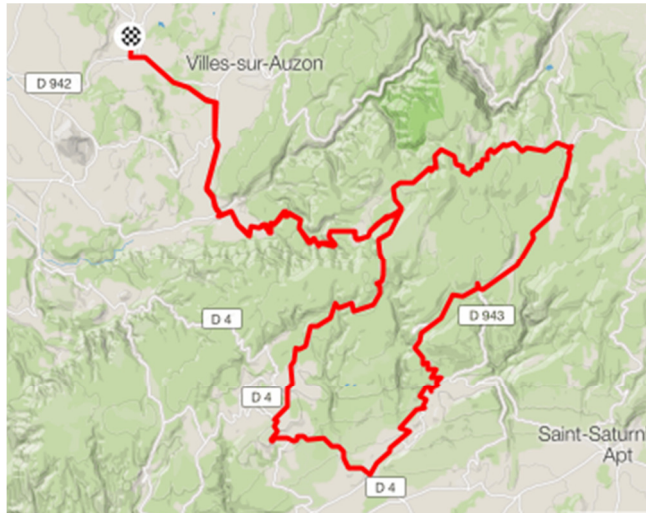
- Petit Parcours : Starts ?, 85kms, altimetry +1300m
- Grand Parcours : Starts ?, 120kms, altimetry +2225m

Difficulty Index : 11,26

Before the race : Transfer by car/van from our hotel in Montelimar (1h15) on Friday 24/05 (after arrival of our ViaRhôna Day 19 stage)

Dinner and night in hotel near the race

After the race : Transfer to TGV station or our hotel in Valence (2h) on Saturday 25/05



WEEK 4 : 26/05-02/06 - VALENCE -> GENEVA

- Meeting point : Our hotel in Valence, Sunday 26/05 from 3pm
- Dispersion point : Our hotel in Geneva, Sunday 02/06 until 12am

RACE D : 1st GRANFONDO LUBERON MORMOIRON (Special Centenary Fausto Coppi), Saturday 25/05, Mormoiron (Dpt. 84)

<https://granfondoluberon.com/>

2 options :

- Petit Parcours : Starts ?, 85kms, altimetry +1300m
- Grand Parcours : Starts ?, 120kms, altimetry +2225m

Difficulty Index : 11,26

Before the race : Transfer by car/van from our hotel in Montelimar (1h15) or from Valence TGV station on Friday 24/05 (after arrival of our ViaRhôna Day 19 stage)

Dinner and night in hotel near the race

After the race : Transfer to our hotel in Valence (2h) on Saturday 25/05

See Races details above (WEEK 3).

RACE E : 10th FAUCIGNY GLIÈRES, Sunday 02/06, Bonneville (Dpt. 74)

<https://www.velo-club-bonneville.org/en-savoir-plus/10eme-faucigny-glieres-17325>

2 options :

- Parcours Sportif : Starts 8:30am, 83kms, altimetry +2500m, 121 participants in 2018
- Parcours Master : Starts 8:30am, 123kms, altimetry +3000m, 122 participants in 2018

Difficulty Index : 13,62

Obs : Races arrival in «Plateau de SOLAISON», 1500m altitude, after ascending 11.5kms classified HORS CATEGORIE by UCI. Final arrival of Criterium Dauphiné Libéré 2017.

Before the race : Transfer by car/van from our hotel in Geneva (0h35) on Sunday 02/06

After the race : Transfer to Geneva Airport (0h50) or to Lyon-Saint-Exupery Airport (2h30) on Sunday 02/06

